SUSTAINABLE DEVELOPMENT GOAL 3

Good Health and Well-being

Woxsen University | Ethics, Responsibility & Sustainability (ERS) Activity Report | January – July 2026

This report presents 10 ERS activities carried out between January and July 2026 that contribute to SDG 3 (Good Health and Well-being). Activities that address several goals are reported under each relevant SDG, so some entries also appear in other SDG reports. Related recurring sessions have been grouped into a single entry.

Women's and Menstrual Health Outreach in Kamkole

Dates: 28 Jan 2026, 3 Feb 2026 | Government High School, Kamkole village; Anganwadi Centre, Kamkole village | SOLH with CoE on Gender Justice and CoE on Anthropology of Health and Healing

Reported SDG alignment: SDG 3, SDG 5

SOLH, together with the Centres of Excellence on Gender Justice and on Anthropology of Health and Healing, took health and hygiene conversations to schoolgirls and village women in Kamkole through participatory sessions.

Menstrual awareness & pad distribution, Govt. High School (28 Jan 2026; participants: 100). An awareness camp for students of classes 6 to 10 on menstrual health. Resource persons explained menstruation in simple, age-appropriate terms, addressed myths and stigma, and demonstrated safe use, changing and disposal of sanitary pads. Pads were then distributed to all participating students. Led by Dr. Ratnpriya with Dr. Kousumi and Dr. Venkatesh Boddu.

Women's health & hygiene, Anganwadi Centre (3 Feb 2026; participants: 50). A participatory session for village women on personal hygiene, menstrual health, nutrition and preventive check-ups, using open discussion and question-and-answer in simple language. Women appreciated having a safe space to talk about health topics.









Science, Technology and Health Outreach to Schools

Dates: 27 Jan 2026, 21 Apr 2026 | Telangana Minorities Residential Junior College, Algole, Zaheerabad; Genius School of Excellence, Sadashivapet | School of Sciences

Reported SDG alignment: SDG 3, SDG 4, SDG 15

The Schools of Sciences and Technology took hands-on science, technology and health sessions to school students in nearby villages and towns, including the Shiksha Sankalp programme in Sangareddy.

Bio-Tech Nexus, Zaheerabad (27 Jan 2026; participants: 120). A full-day interdisciplinary STEM outreach for Class 11 and 12 students connecting biotechnology, mathematics, AI and sustainability. Sessions covered gut microbes and probiotics,

the story of cellular DNA and Rosalind Franklin, and the difference between memorising and understanding. Participants recommended repeating such outreach regularly with more visual demonstrations, models and hands-on activities.

Vision awareness, Genius School of Excellence (21 Apr 2026; participants: 40). A presentation and practical guidance on eye health for students of classes 7 to 9, covering the importance of regular vision check-ups and healthy habits such as a balanced diet and limiting excessive screen use.













Gynecology Consultation and Women's Health Awareness Session

11 Feb 2026, 3:30 – 5:30 pm | Care & Cure Facility, Woxsen University | School of Sciences with Care & Cure | Participants: 85

Reported SDG alignment: SDG 3

Women junior scholars, faculty and staff attended a session on menstrual health, PCOS, anemia, hormonal imbalance, reproductive health and preventive screening, together with individual medical consultations and personalised guidance.













Hyderabad Heritage Run

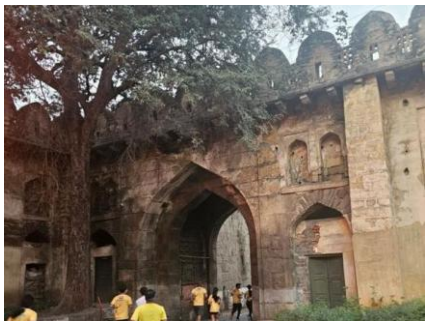
22 Feb 2026, 6:00 am | Qutub Shahi Tombs, Hyderabad | School of Architecture and Planning | Participants: 26

Reported SDG alignment: SDG 3, SDG 4, SDG 11

SoAP students and faculty joined the Hyderabad Heritage Run (21K, 10K and 5K categories) organised by the Department of Tourism, Government of Telangana and Rapido, combining fitness with a deeper appreciation of Hyderabad's built heritage.





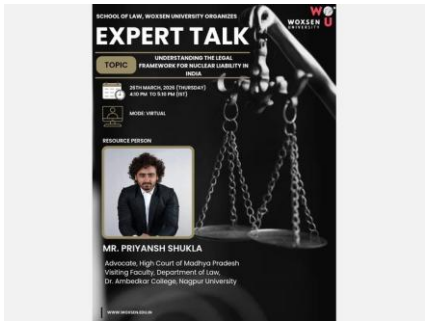

Expert Talk: Legal Framework for Nuclear Liability in India

26 Mar 2026, 4:10 – 5:10 pm | Virtual | School of Law | Participants: 45+

Reported SDG alignment: SDG 3, SDG 7, SDG 16

Mr. Priyansh Shukla, Advocate at the High Court of Madhya Pradesh, spoke on the legislation, international conventions and accountability, risk and compensation questions surrounding nuclear liability in India.

Students engaged with the policy, environmental and technological-risk dimensions of the topic, linking energy law with public safety and institutional accountability.



Outreach Visit to Sadhana Institute for the Mentally Challenged

8 Apr 2026, 10:30 am – 4:30 pm | Sadhana Institute for the Mentally Challenged, Hyderabad | Centre of Excellence on Gender Justice with SOLH | Participants: 200

Reported SDG alignment: SDG 3, SDG 4, SDG 5, SDG 10, SDG 16

Participants played games and spent time with intellectually challenged children, held counselling conversations with elderly residents and conducted menstrual health awareness with sanitary pad distribution, promoting empathy, inclusion and dignity.

Led by Dr. Ratnpriya with Dr. Kousumi. The follow-up plan includes regular visits, monthly counselling and wellness sessions for the elderly residents and creative learning activities for the children.









Safe Drinking Water for Better Health and a Sustainable Society

11 Jun 2026, 9:00 am – 1:00 pm | Kamkole | School of Sciences | Participants: 30

Reported SDG alignment: SDG 3

An awareness campaign for Kamkole residents, led by Dr. Venkateswara Rao M and Dr. Harshavardhan R.K., on safe drinking water, its link to public health and the need for responsible water use.










Donation Drive for Kamkole Boys Hostel

Collection by 6 Jul 2026 | Kamkole Boys Hostel | School of Architecture and Planning with SOB and SOLH | Participants: 11

Reported SDG alignment: SDG 3, SDG 6, SDG 11, SDG 17

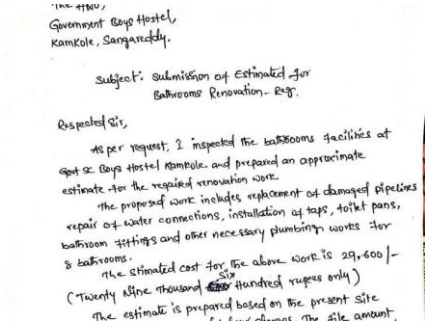
Deans and faculty of SOB, SOLH and SOAP raised Rs. 30,000, used to install a new water purifier and repair toilet facilities at the hostel.

The aim was to provide safe, purified drinking water and improve hygiene and sanitation for the hostel residents, while encouraging collective participation among faculty from different schools.









Government Boys Hostel,
Kamkole, Sangareddy.

Subject: Submission of Estimated for Bathrooms Renovation - Reg.

Respected Sir,

As per request, I inspected the bathrooms facilities at Govt Sc. Boys Hostel Kamkole and prepared an approximate estimate for the required renovation work.

The proposed work includes replacement of damaged pipelines repair of water connections, installation of taps, toilet pans, bathroom fittings and other necessary plumbing works for 8 bathrooms.

The estimated cost for the above work is 29,600/-

(Twenty Nine thousand Six Hundred rupees only)

The estimate is prepared based on the present Site

Summary of activities

Date	Activity	Participants
28 Jan 2026	Menstrual Awareness Session and Pad Distribution	100
27 Jan 2026	The Bio-Tech Nexus: Food, Plants and Artificial Minds	120
3 Feb 2026	Women's Health and Hygiene Awareness	50
11 Feb 2026	Gynecology Consultation and Women's Health Awareness Session	85
22 Feb 2026	Hyderabad Heritage Run	26
26 Mar 2026	Expert Talk: Legal Framework for Nuclear Liability in India	45+
8 Apr 2026	Outreach Visit to Sadhana Institute for the Mentally Challenged	200
21 Apr 2026	Shiksha Sankalp 2.0 – Vision Awareness	40
11 Jun 2026	Safe Drinking Water for Better Health and a Sustainable Society	30
Collection by 6 Jul 2026	Donation Drive for Kamkole Boys Hostel	11