

Woxsen University Care & Cure Activities 2024

1800

Average Pt
Per Month

15

Healthcare
Providers



Services-OPD,
IPD, Pharmacy,
First Aid



Management of
Common Illnesses
& Minor Injuries



Referral Services
to advanced
healthcare facilities



Preventive Healthcare
including Vaccination
(dog & snake bites)



In-house Treatment
& Diagnosis




Emergency Services with
Advanced Ambulance

ERS & SDG

ERS Activity: Swasthya Mela 3.0 & SDG 3



Organized by
School of Sciences and Care & Cure,
Woxsen University in association with
Aster Prime Hospital, Hyderabad

ERS Activity Swasthya Mela 3.0

 27th September, 2024
10 AM - 4 PM

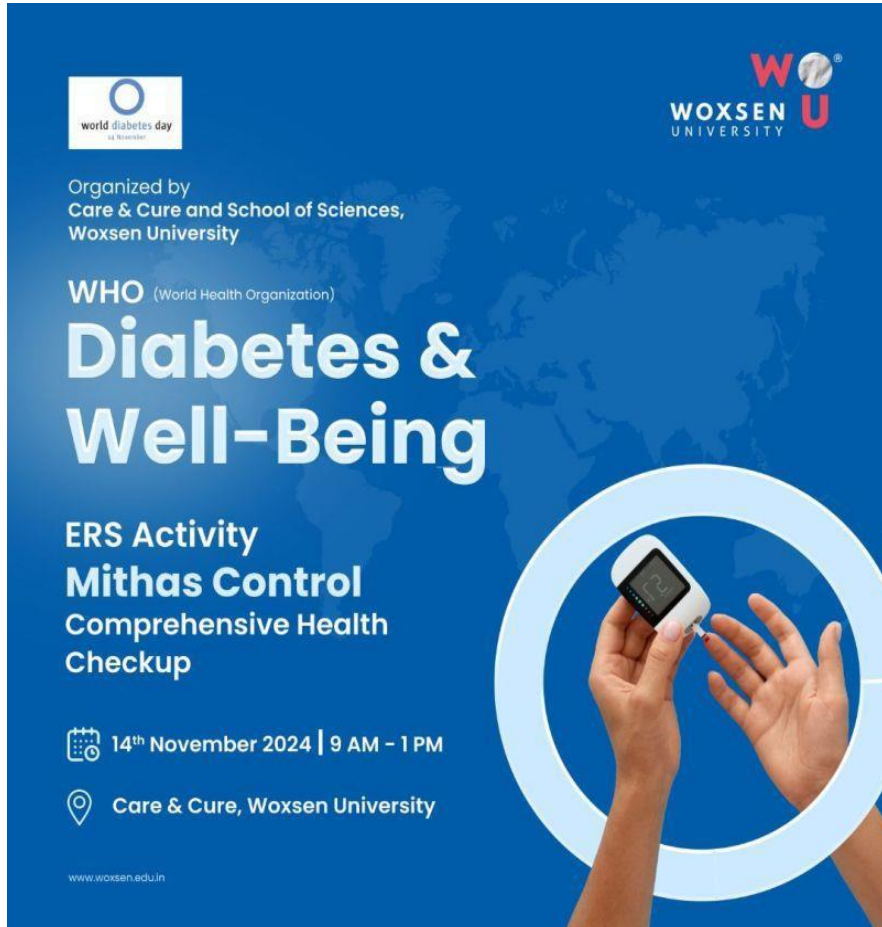
 LT 3 & LT5,
Woxsen University


www.woxsen.edu.in




ERS & SDG

ERS Activity: Mithas Control & SDG 3



 world diabetes day
14 November


 **WOXSEN** UNIVERSITY


Organized by
Care & Cure and School of Sciences,
Woxsen University

WHO (World Health Organization)

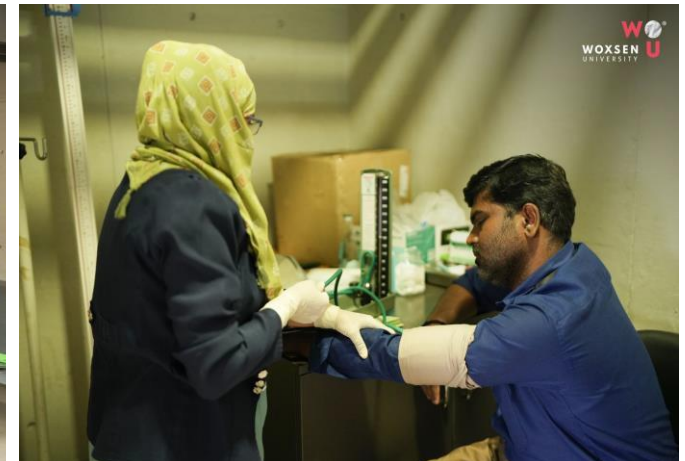
Diabetes & Well-Being

ERS Activity
Mithas Control
Comprehensive Health
Checkup

 14th November 2024 | 9 AM - 1 PM

 Care & Cure, Woxsen University

www.woxsen.edu.in



ERS & SDG

ERS Activity: STREE – SAMMAN & SDG 5



WOXSEN UNIVERSITY

School Of Sciences and Care & Cure Woxsen University
in association with Aster Prime Hospitals, Hyderabad

Organising ERS Activity on

STREE-SAMMAN

Topic:
International Day for the Elimination of Violence Against Women

25th Nov, 2024 |
11:30am-12:30pm

Room no LT-4


Speaker
Dr. Aana Shaunak Shah
Psychiatry & Counseling Sessions,
Aster Prime Hospital

www.woxsen.edu.in



ERS & SDG

ERS Activity: SHE-HEALTH & SDG 3

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WOXSEN UNIVERSITY


Organised by School of Sciences and Care & Cure, Woxsen University

ERS Activity

SHE-HEALTH
Empower Her Wellness

12th
December
2024

🕒 10:00 AM – 4:00 PM
📍 Care and Cure,
Woxsen University



School Camp, Kamkole





NCC Workers Health Screening

REPORT SUMMARY:

1	Program Name	Swasthya Mela 3.0
2	Date & Time	27 th September 2024, 10:00 AM to 4 PM
3	School/Dept	SoS & Care and Cure
4	Venue	LT5 & LT6, Woxsen University
5	UN SDG	SDG3
6	Activity Type	Medical camp
7	Impact Group	Woxsen University NCC construction workers, housekeeping staff
8	Total Participants	200
9	No. Woxsen Students Involved	10
10	Link of LinkedIn Post	https://www.linkedin.com/posts/woxsen-university_woxsen-woxsenuniversity-swasthyamela-activity-7245077200842940416-bZmk?utm_source=share&utm_medium=member_desktop

SoS-ERS Event Report for September 2024

“Swasthya Mela 3.0”.

Place: LT5 & LT6, Woxsen University

Date: 27th September 2024, Friday

Time: 10:00 AM to 4:00 PM

Resource Persons:

The event was jointly organized by the School of Sciences (SoS) and Care and Cure at Woxsen University, in collaboration with Aster Prime Hospital, Hyderabad. The initiative aimed to provide a comprehensive health check-up and wellness guidance for the university’s NCC construction workers and Group 4 staff members. The event was driven by an objective to foster health awareness, promote well-being, and create a healthier campus community.

Faculty Members:

1. Dr. Daya Shankar (Dean, School of Sciences): Event Facilitator
2. Dr. Beauty Pandey (ERS Co-ordinator)
3. Dr. Ramakrishna Madaka
4. Dr. Dipak Kumar Sahoo
5. Dr. T Santhosh Kumar
6. Dr. Thota Srikar (Event Co-ordinator)
7. Dr. Shouvik
8. Dr. Viashal Anand
9. Dr. Madhuri
10. Dr. Amit
11. Dr. Suman
12. Dr. K. Santhosh Kumar
13. Prof. Bikas
14. Dr Ashutosh

Lab Instructors:

15. Mr. Gowri Shankar
16. Mr. Chaitanya
17. Ms. Ruchitha
18. Mr. Aniket
19. Mr. Sagar Babar
20. Mr. Dhanunjaya
21. Ms. Pravali

Student Volunteers:

Students from the School of Sciences

Event Overview:

Swasthya Mela 3.0 was a significant initiative aimed at promoting the health and well-being of Woxsen University's staff, particularly focusing on NCC construction workers and Group 4 employees. The medical camp, on 27th September 2024, was a day dedicated to addressing the health concerns of the participants, offering them free medical tests, consultations, and healthcare advice from a professional medical team. The event provided a platform for

participants to not only undergo vital health screenings but also to learn about managing their health proactively.

The medical camp featured a comprehensive range of tests and services, designed to help participants understand their health status and take steps toward maintaining or improving their well-being. With expert doctors and medical staff from Aster Prime Hospital, Hyderabad, and active participation from the faculty, staff, and students of Woxsen University, the event successfully engaged participants in health awareness activities.

Medical Tests, Medication and Health Assessments:

A series of medical assessments were conducted to help participants gain insights into their overall health. The tests included:

- Body Mass Index (BMI)
- Blood Pressure Measurement
- Random Blood Sugar Levels
- Haemoglobin Test
- Heart Rate Monitoring
- Body Temperature Check
- Eye Examination
- Oxygen Saturation Levels (SPO2)
- Electrocardiogram (ECG) – performed based on the doctor’s advice
- General Physician Consultation

Program Highlights and Summary:

Medical Tests and Health Assessments:

The health assessments were a crucial part of the event, offering participants valuable insights into their current health status. These tests were conducted by trained medical professionals from Aster Prime Hospital, along with faculty members and students from Woxsen University. Each participant received personalized guidance based on the test results, empowering them to take proactive steps toward better health.

The tests provided important data on key health metrics such as blood pressure, blood sugar, haemoglobin levels, Eye Check-up and heart rate. Participants were given detailed explanations

about what their results meant and how they could manage or improve their health, emphasizing the importance of regular check-ups and a balanced lifestyle.

Interactive Sessions:

Beyond the medical screenings, participants were encouraged to take part in interactive sessions with the doctors present. These sessions created an open and supportive environment where attendees could ask questions about their health, seek advice on managing specific conditions, and discuss preventive health measures. These interactions proved highly beneficial as participants gained practical advice on maintaining good health, including dietary recommendations, exercise routines, and tips for stress management.

Community Engagement:

One of the standout features of Swasthya Mela 3.0 was its focus on community engagement. By bringing together individuals from different parts of the university, particularly the Group 4 staff and NCC construction workers, the event fostered a strong sense of togetherness. Group activities and discussions helped participants connect with their peers, build support systems, and feel more engaged in the pursuit of healthier lifestyles.

The mela wasn't just a medical camp—it was an event that prioritized community well-being. Participants were encouraged to share their health journeys and goals, creating a network of support that could continue beyond the event. This collaborative spirit helped promote a culture of wellness that will have a lasting impact on the campus community.

Conclusion:

Swasthya Mela 3.0 successfully highlighted the importance of preventive health measures and empowered Woxsen University's staff with the tools and knowledge they need to lead healthier lives. By offering a wide range of medical tests and consultations, the event ensured that participants were well-informed about their health status and equipped to make positive lifestyle changes.

The event not only helped participants address immediate health concerns but also fostered a broader understanding of the significance of regular health check-ups and proactive wellness management. The interactive sessions, community engagement, and personalized guidance provided during the mela made a lasting impression on the attendees.

As the third iteration of the Swasthya Mela, this event continues to strengthen Woxsen University's commitment to the well-being of its community members. The event exemplifies how academic institutions can partner with healthcare providers to create meaningful health initiatives that have both immediate and long-term benefits for their staff, students, and faculty.

Some Photographs of the event:



WOXSEN **U**
UNIVERSITY

Organized by
School of Sciences and Care & Cure,
Woxsen University in association with
Aster Prime Hospital, Hyderabad

ERS Activity
Swasthya
Mela 3.0

 27th September, 2024
10 AM - 4 PM

 LT 3 & LT5,
Woxsen University

www.woxsen.edu.in













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27/09/24 10:45 AM GMT +05:30



Woxsen University, Telangana, India
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27/09/24 10:42 AM GMT +05:30

REPORT SUMMARY:

1	Program Name	Swasthya Mela 3.0
2	Date & Time	27 th September 2024, 10:00 AM to 4 PM
3	School/Dept	SoS & Care and Cure
4	Venue	LT5 & LT6, Woxsen University
5	UN SDG	SDG3
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WOXSEN **U**
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Organized by
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ERS Activity
Swasthya
Mela 3.0

 27th September, 2024
10 AM - 4 PM

 LT 3 & LT5,
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REPORT SUMMARY

1	Program Name	Mithas Control
2	Date & Time	14 th Nov 2024, 10:00 AM to 4 PM
3	School/Dept	Care & Cure and SoS
4	Venue	Care and Cure, Woxsen University
5	UN SDG	SDG3
6	Activity Type	Medical camp
7	Impact Group	Woxsen University Faculty and staff
8	Total Participants	30
9	Nos Care and Cure Staff involved	8
10	Link of LinkedIn Post	https://www.linkedin.com/posts/woxsen-university_woxsen-worlddiabetesday-woxsenuniversity-activity-7262449146073104384-Wqk5?utm_source=share&utm_medium=member_android

Care and Cure & SoS-ERS Event Report for November 2024

“Mithas Control”- Diabetes & Well-Being

Place: Care and Cure, Woxsen University

Date: 14th November 2024 (Thursday)

Time: 10:00 AM to 4:00 PM

Resource Persons:

Care and Cure Team.

Members:

1. Dr. Daya Shankar (Dean, School of Sciences): Event Facilitator
2. Dr. Beauty Pandey (ERS Coordinator) and SOS faculty and staff.

Event Overview

World Diabetes Day 2024: Mithas Control

Organized by: Care & Cure and the School of Sciences, Woxsen University

Theme: "Diabetes and Wellbeing"

On November 14th, 2024, Woxsen University's Care & Cure, in collaboration with the School of Sciences, hosted Mithas Control, a health camp aimed at raising diabetes awareness and fostering holistic well-being. The event was a testament to this year's World Diabetes Day theme, **"Diabetes and Wellbeing"** focusing on empowering participants with knowledge and practical tools to manage diabetes effectively. The camp also emphasized the importance of cultivating a supportive community and promoting overall resilience in dealing with this chronic condition.

Program Highlights

1. Comprehensive Medical Tests and Health Assessments

Mithas Control offered a series of health services designed to provide participants with a comprehensive understanding of their health status.

- **Blood Pressure Monitoring:** Hypertension being a significant risk factor for diabetes complications, the screening helped participants identify and manage blood pressure issues early.
- **Blood Sugar Tests:** Evaluations provided crucial insights into glucose levels, facilitating the early detection of diabetes and enabling participants to take timely action.
- **Symptom Screening:** A thorough assessment was conducted for various health conditions, other diabetes-related concerns.

Medicine Distribution and Referrals

Medications were distributed based on individual health concerns identified during the assessments. For more complex cases requiring further diagnosis, participants were referred to higher health centres for specialized care. This dual approach ensured both immediate relief and a pathway for continued care.

2. Educational Workshops

To promote health literacy and empower participants, Mithas Control featured several workshops that addressed key aspects of diabetes management

- **Diabetes - Nutrition:** The session emphasized the importance of a balanced diet, with practical tips for maintaining stable blood sugar levels through mindful eating habits.
- **Stress Management:** Highlighting the impact of stress on diabetes, participants learned practical techniques, including breathing exercises and relaxation methods, to manage stress effectively.
- **Preventive Health Measures:** This workshop encouraged participants to prioritize regular screenings and adopt proactive practices to prevent or mitigate diabetes-related complications.

3. One-on-One Consultations

The camp provided personalized consultation sessions with healthcare professionals. These interactions allowed participants to discuss their unique health concerns, gain insights into managing diabetes more effectively, and receive tailored advice in a confidential and supportive environment.

4. Community and Wellness Activities

Beyond medical services, Mithas Control fostered a sense of community through group wellness activities. These engagements encouraged participants to share experiences and build connections with peers who share similar health challenges and goals. This sense of belonging and mutual support was a key element of the camp, emphasizing that managing diabetes is not an isolated journey but one strengthened by community and collaboration.

Conclusion

Mithas Control was a resounding success, reinforcing the importance of proactive diabetes management and overall health awareness. The camp provided a well-rounded approach through medical assessments, educational workshops, and personalized consultations, ensuring participants left with actionable insights to improve their health and lifestyle.

Moreover, the event underscored the significance of fostering a supportive community that encourages individuals to take control of their well-being. By combining expert guidance with interactive and community-focused initiatives, Mithas Control not only addressed the

immediate health needs of participants but also laid the groundwork for long-term health improvements.

As Woxsen University reflects on this impactful event, it reaffirms its commitment to promoting health awareness and building a resilient community dedicated to well-being and holistic health management.

Some Photographs of the event:











REPORT SUMMARY:

1	Program Name	Stree-Samman
2	Date & Time	25 th November 2024, 11:30 AM to 01:00 PM
3	School/Dept	SoS
4	Venue	LT3
5	UN SDG	SDG3
6	Activity Type	Awareness and Educational Workshop
7	Impact Group	School of Science Faculty, Students and staff
8	Total Participants	55
9	Nos Woxsen Students Involved	55
10	Link of LinkedIn Post	https://www.linkedin.com/posts/vishal-anand-85b83a3b_streesamman-internationaldayforwomen-violenceagainstwomen-activity-7266615626150924291-WtcZ?utm_source=share&utm_medium=member_desktop

SoS-ERS Event Report for November 2024

“Stree-Samman”.

Place: Woxsen University

Date: 25th November 2024 (Monday)

Time: 11:30 AM to 01:00 PM

Resource Person:

Dr. Vishal Anand, Assistant Dena-International Relations, School of Science, Woxsen University

Members:

1. Dr. Daya Shankar, Dean, School of Sciences: Event Facilitator
2. Dr. Beauty Pandey, Associate Dean, SoS, Woxsen University - ERS Coordinator
3. Dr. Ramakrishna Madaka, Assistant Dean-Student Affairs, SoS, Woxsen University
4. Dr. Dipak Kumar Sahoo, Assistant Dean-Academic Affairs, SoS, Woxsen University
5. Dr. T Santhosh Kumar, Assistant Professor, SoS, Woxsen University
6. Dr. Madhuri Pola, Assistant Professor, SoS, Woxsen University
7. Dr. Amit Kumar Singh, Assistant Professor, SoS, Woxsen University
8. Dr. Suman, Assistant Professor, SoS, Woxsen University
9. Dr. K.S. Santhosh Kumar, Assistant Professor, SoS, Woxsen University
10. Dr. Ashutosh Singh, Assistant Professor, SoS, Woxsen University
11. Dr. Heeramoni Boro, Assistant Professor, SoS, Woxsen University
12. Dr. Soumyadip Patra, Assistant Professor, SoS, Woxsen University
13. Mrs. Minnu Merson, Teaching Assistant, SoS, Woxsen University
14. Mr. Chaitanya, Lab Instructor
15. Ms. Ruchitha, Lab Instructor
16. Mr. Aniket, Lab Instructor
17. Mr. Sagar Babar, Lab Instructor
18. Mr. Dhanunjaya, Lab Instructor
19. Ms. Pravali, Lab Instructor

Student Volunteers:

B.Sc and PhD Students from the School of Sciences

Event Overview:

In alignment with the International Day for the Elimination of Violence Against Women, Woxsen University hosted a significant event addressing the global and local challenges of violence against women. The event emphasized the need for collective action and institutional responsibility in combating various forms of violence and supporting survivors.

Program Highlights and Summary:

Guest Speaker: Dr. Aana Shah

Qualifications: MBBS, MD, PDF (Women's Mental Health, NIMHANS)

Designation: Consultant Psychiatrist, Aster Prime Hospital

Dr. Shah provided critical insights into the prevalence and impact of violence against women. Her presentation covered global statistics, highlighting that nearly 1 in 3 women experience violence in their lifetime, and the alarming increase during the COVID-19 pandemic. She also delved into the psychological, physical, and societal effects of such violence, emphasizing the importance of mental health support and systemic change.

Educational Workshops:

Key Highlights

Statistics and Context

Globally, violence against women remains a pervasive issue, with intimate partner violence being a significant contributor.

In India, 31% of ever-married women have reported experiencing physical or sexual violence.

Forms of Violence

Emotional, physical, and sexual violence were discussed, along with isolation and controlling behaviors.

Impact of COVID-19

A surge in domestic violence cases was noted during the pandemic, referred to as the "shadow pandemic."

Educational Insights

Participants were educated on the societal myths surrounding violence and the importance of debunking them to foster a supportive environment.

Call to Action

Dr. Shah encouraged institutions and individuals to engage in awareness campaigns, provide resources, and actively support initiatives like "Orange the World."

Interactive Sessions:

The event featured open discussions where participants shared their perspectives on societal challenges and possible solutions. Key topics included:

- Creating accessible support systems for survivors.
- Implementing educational programs to change cultural attitudes towards gender-based violence.
- Promoting collaboration between institutions for community-driven solutions.

Community Engagement:

The event successfully raised awareness among participants, equipping them with knowledge and tools to challenge violence against women. It fostered dialogue, inspired commitment to action, and emphasized the importance of community and institutional roles in addressing this critical issue.

Key takeaways:

Key Takeaways from the "Stree-Samman" Event:

Increased Awareness: Participants gained a deeper understanding of the prevalence and severity of violence against women, both globally and nationally.

Understanding Root Causes: Insights were provided on the societal, economic, and psychological factors contributing to violence against women, including the impact of cultural attitudes and systemic challenges.

Importance of Mental Health Support: The event emphasized the need for accessible mental health services for survivors to address the long-term psychological impacts of violence.

Role of Education and Advocacy: Participants learned the importance of education in changing societal attitudes and promoting gender equality.

Community Engagement: The discussions highlighted the value of collective action and community-driven initiatives to combat violence and support survivors.

Empowerment through Awareness: Debunking myths and addressing stigma were identified as crucial steps to empower survivors and create a supportive society.

Conclusion:

The International Day for the Elimination of Violence Against Women event at Woxsen University successfully raised awareness about the urgent need to address violence against women and its far-reaching consequences. With insights from Dr. Aana Shah, participants gained a comprehensive understanding of the issue, including its societal, psychological, and systemic dimensions.

The event highlighted the importance of education, advocacy, and collective action in combating violence and supporting survivors. It fostered meaningful discussions, debunked societal myths, and inspired participants to take responsibility in creating a safer and more equitable society.

Through this initiative, Woxsen University reaffirmed its commitment to gender equality and community engagement, setting a strong example for how educational institutions can contribute to addressing critical global issues.

Some Photographs of the event:



WOXSEN UNIVERSITY

School Of Sciences and Care & Cure Woxsen University
in association with Aster Prime Hospitals, Hyderabad

Organising ERS Activity on

STREE-SAMMAN

Topic:
**International Day for the
Elimination of Violence
Against Women**

 **25th Nov, 2024 |
11:30am-12:30pm**

 **Room no LT-4**



Speaker

Dr. Aana Shaunak Shah
Psychiatry & Counseling Sessions,
Aster Prime Hospital

www.woxsen.edu.in





REPORT SUMMARY

1	Program Name	SHE-HEALTH: Empower Her Wellness
2	Date & Time	12 th Dec 2024, 10:00 AM to 4 PM
3	School/Dept	SoS and Care & Cure
4	Venue	Care and Cure, Woxsen University
5	UN SDG	SDG3
6	Activity Type	Medical camp
7	Impact Group	Woxsen University Faculty, Staff and Students
8	Total Participants	40
9	Nos Care and Cure Staff involved	8
10	Link of LinkedIn Post	https://www.linkedin.com/posts/woxsen-university_woxsen-woxsenuniversity-medicalcamp-activity-7272825705057415168-rUFY?utm_source=share&utm_medium=member_desktop

SOS & Care and Cure -ERS Event Report for December 2024

SHE-HEALTH: Empower Her Wellness

Place: Care and Cure, Woxsen University

Date: 12th December 2024 (Thursday)

Time: 10:00 AM to 4:00 PM

Resource Persons:

Care and Cure Team.

Members:

1. Dr. Daya Shankar (Dean, School of Sciences): Event Facilitator
2. Dr. Beauty Pandey (ERS Coordinator) and SOS faculty and staff.

Event Overview

SHE-HEALTH: Empower Her Wellness

Organized by: School of Sciences and Care & Cure, Woxsen University

Theme: "Empowering Women through Health Awareness"

On 12th December 2024, School of Sciences in collaboration with Care & Cure, organized **SHE-HEALTH: Empower Her Wellness**, a specialized health awareness camp dedicated to women's health and well-being. The camp emphasized the importance of preventive healthcare and empowering women to take charge of their physical and mental health.

The event aimed to raise awareness about prevalent women's health issues and provided actionable insights and practical tools to encourage better health practices.

Program Highlights

1. Comprehensive Health Screenings

SHE-HEALTH offered a range of medical assessments and screenings to provide women with a clear understanding of their health status:

- **Blood Pressure Monitoring:** To identify hypertension, a risk factor for various health conditions.
- **BMI and General Health Check-ups:** To promote awareness about healthy weight and overall fitness.
- **Consultations: Personalized assessments to address reproductive health concerns and educate participants about preventive measures.**

2. Educational Workshops

- **Nutrition and Lifestyle for Women:** Practical tips for maintaining a balanced diet, managing hormonal health, and boosting energy levels through proper nutrition.
- **Preventive Health Awareness:** Insights on the importance of regular screenings, early detection, and proactive measures to prevent chronic diseases.

3. One-on-One Consultations

The event provided one-on-one consultations with healthcare professionals, creating a safe

space for participants to discuss individual health concerns. Personalized advice was given to help women navigate unique challenges and implement effective health strategies.

4. Community and Wellness Activities

SHE-HEALTH also focused on building a sense of community and support. Group activities encouraged participants to share their experiences, foster connections, and build a network of mutual encouragement. This highlighted the importance of addressing health issues collectively, rather than in isolation.

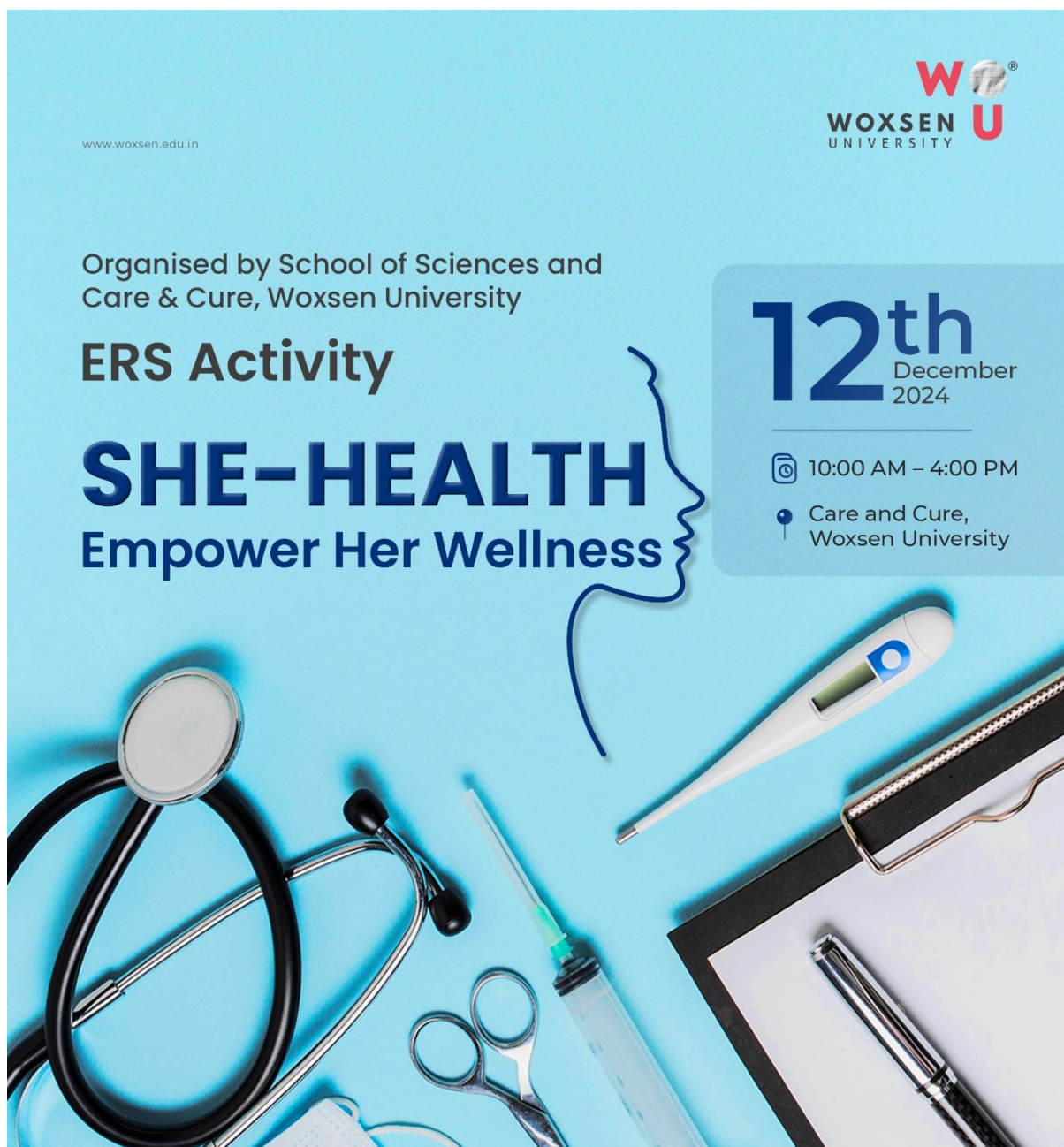
Conclusion

SHE-HEALTH: Empower Her Wellness was a tremendous success, effectively raising awareness about women's health and offering a holistic approach to well-being. Through comprehensive health screenings, and personalized consultations, participants gained valuable insights into maintaining and improving their physical and mental health.

The camp also underscored the importance of a supportive community in empowering women to take control of their health journeys. By combining expert medical guidance with interactive activities and fostering connections, the event not only addressed immediate health concerns but also laid the foundation for sustained wellness practices.

Woxsen University reaffirms its commitment to promoting health awareness and creating inclusive initiatives that prioritize the well-being of women. Events like SHE-HEALTH serve as vital steps in building a resilient and health-conscious community.

Some Photographs of the event:



www.woxsen.edu.in

Organised by School of Sciences and
Care & Cure, Woxsen University

ERS Activity

SHE-HEALTH
Empower Her Wellness

12th
December
2024

🕒 10:00 AM – 4:00 PM

📍 Care and Cure,
Woxsen University







REPORT SUMMARY

1	Program Name	Medical Camp for NCC Workers
2	Date & Time	12 th Jan 2025, 10:00 AM to 1 PM
3	School/Dept	SoS and Care & Cure
4	Venue	Care and Cure, Woxsen University
5	UN SDG	SDG3
6	Activity Type	Medical camp
7	Impact Group	NCC Workers
8	Total Participants	60
9	Care and Cure Staff involved	8

SOS & Care and Cure -ERS Event Report for January 2025

Medical Camp for NCC Workers

Place: Care and Cure, Woxsen University

Date: 12th January 2025 (Sunday)

Time: 10:00 AM to 1:00 PM

Resource Persons:

Care and Cure Team.

Members:

1. Dr. Daya Shankar (Dean, School of Sciences): Event Facilitator
2. Dr. Nagaraj Talamadagi (Duty Medical Officer).
3. Mrs. Lhaneihat Baite (Staff Nurse)
4. Ms. Aruna (Staff Nurse)
5. Mr. Jaipal (Caretaker)

Event Overview

Care and Cure, in collaboration with the School of Sciences, successfully organized a medical camp exclusively for NCC workers, focusing on promoting health awareness and providing basic health check-ups. The camp witnessed enthusiastic participation from around 60 NCC workers, who benefited from the comprehensive medical services provided.

Objectives of the Camp

The primary aim of the camp was to:

1. Offer one-on-one doctor consultations.
2. Conduct essential health screenings to identify and address potential health issues.
3. Promote the importance of regular health check-ups among NCC workers.

Key Services Provided

The camp included the following health screening and consultation services:

- **One-on-One Doctor Consultation:** Personalized medical advice was provided to each participant.
- **Vital Signs Monitoring:**
 - Blood Pressure (BP)
 - Pulse Rate (PR)
 - Oxygen Saturation (SpO₂)
 - Temperature (TEMP)
- **Anthropometric Measurements:**
 - Weight
 - Height

Team Involvement

A dedicated team of 8 members from Care and Cure actively participated in organizing and executing the camp. Their efforts ensured that the event ran smoothly and efficiently, providing high-quality services to all participants.

Conclusion

This medical camp highlighted the importance of collaboration in achieving community health goals. The combined efforts of Care and Cure and the School of Sciences ensured the camp's success, contributing to the well-being of the NCC workers. We look forward to organizing more such initiatives in the future to serve the community and promote a healthier society.

Some Photographs of the event:





S No	Name	Age	Gender	BP	PR	SpO2	Temp	Weight	Height	Complaints
1	Chhabi Lal	37	M	114/77 mmHg	87 bpm	99%	97.5°F	39.9 kg	160 cm	No complaints
2	Ram Dev	24	M	126/76 mmHg	77 bpm	99%	96.3°F	64 kg	168 cm	Stomach pain
3	Ram Ji	25	M	117/72 mmHg	79 bpm	99%	98.6°F	50 kg	164 cm	No complaints
4	Bijay Bahadul	55	M	121/85 mmHg	95 bpm	99%	97.5°F	43.4 kg	152.5 cm	No complaints
5	Rajesh Kumar	27	M	128/90 mmHg	78 bpm	99%	96.1°F	75.6 kg	164 cm	Leg pain
6	Mithun Kumar	25	M	131/93 mmHg	117 bpm	99%	96.6°F	46.1 kg	165 cm	Back pain
7	Anil Sharma	30	M	124/74 mmHg	66 bpm	98%	97.9°F	63.4 kg	153.5 cm	Right arm pain
8	Rohit Kumar	22	M	149/77 mmHg	124 bpm	98%	98°F	56.3 kg	161 cm	Leg pain, abdomen pain
9	Prabhes Kumar	26	M	123/83 mmHg	90 bpm	98%	97.1°F	52.7 kg	166 cm	Back pain, right arm pain
10	Rajendar Das	52	M	148/97 mmHg	92 bpm	98%	96.3°F	45.1 kg	169.5 cm	Back pain
11	Geeta Devi	20	F	128/86 mmHg	97 bpm	97%	97.4°F	56 kg	152 cm	Leg pain
12	Rahul Prasad	20	M	142/79 mmHg	104 bpm	99%	96.1°F	50 kg	156 cm	No
13	Ajay Panka	26	M	123/83 mmHg	84 bpm	97%	97.9°F	50 kg	159 cm	No
14	Ram Prasad	23	M	97/58 mmHg	77 bpm	99%	96.5°F	52 kg	158 cm	No
15	Raj Lakhani Singh	27	M	138/73 mmHg	67 bpm	99%	96.2°F	48.7 kg	165 cm	No
16	Binod Prasad	24	M	126/76 mmHg	76 bpm	99%	96.6°F	48.7 kg	167 cm	No
17	Anjanila	24	M	123/75 mmHg	83 bpm	98%	97.1°F	47.2 kg	159 cm	Rashes Black on Rt. Scapula region, No Itching
18	Surender Singh	24	M	158/86 mmHg	118 bpm	99%	99.3°F	54.5 kg	172 cm	No
19	Kamalesh Kumar	25	M	133/76 mmHg	105 bpm	99%	96.8°F	51.9 kg	151 cm	No
20	Ram Kumar	32	M	116/66 mmHg	83 bpm	99%	96.3°F	58.6 kg	174 cm	No
21	Jawaharlal	45	M	124/81 mmHg	90 bpm	99%	96.1°F	49.9 kg	165 cm	No
22	Ramesh	45	M	146/89 mmHg	77 bpm	99%	98.1°F	62.1 kg	169.5 cm	No
23	Prem Shankar	32	M	138/91 mmHg	112 bpm	94%	96.3°F	57.7 kg	177 cm	Cough, H/o Asthma
24	Shiv Kumar	26	M	115/69 mmHg	92 bpm	99%	96.5°F	53 kg	157 cm	No
25	Raguraj Singh	40	M	100/67 mmHg	80 bpm	99%	95.9°F	48.8 kg	152 cm	No
26	Raj Kumar	35	M	143/76 mmHg	95 bpm	99%	95.6°F	49.1 kg	167 cm	No
27	Akhilesh	27	M	104/76 mmHg	76 bpm	98%	96.5°F	48 kg	164 cm	No
28	Rohit Kumar	20	M	126/75 mmHg	73 bpm	99%	97.6°F	63.1 kg	174.2 cm	No
29	Ravindar	40	M	117/82 mmHg	110 bpm	98%	97.8°F	62.0 kg	159 cm	No
30	Mithun Kumar	30	M	122/76 mmHg	76 bpm	99%	96.8°F	54.6 kg	163 cm	No
31	Nagendra Kumar	35	M	104/69 mmHg	83 bpm	98%	96.1°F	64.5 kg	166 cm	No
32	Bhudimann	30	M	151/89 mmHg	125 bpm	99%	98.8°F	88.3 kg	166 cm	No
33	Ashwani	29	M	100/60 mmHg	76 bpm	99%	96.5°F	52.3 kg	160 cm	No
34	Ramakan	33	M	118/78 mmHg	89 bpm	98%	97.0°F	56.5 kg	160 cm	No
35	Akhilesh	22	M	118/64 mmHg	92 bpm	99%	97.8°F	49.1 kg	170 cm	No
36	Anand	25	M	132/96 mmHg	69	99%	96.1°F	57.7 kg	163 cm	No
37	Utham	27	M	125/68 mmHg	109	99%	98.0°F	58.2 kg	166 cm	No
38	Gopal Rao	22	M	140/79 mmHg	72	96%	96.2°F	51 kg	157 cm	No
39	Ashok Kumar	21	M	123/81 mmHg	97	99%	96.8°F	52.2 kg	168 cm	No
40	Japan Mardie	30	M	126/79 mmHg	77	99%	96.3°F	64.1 kg	160 cm	No
41	Venkat Rao	26	M	110/48 mmHg	108	99%	96.6°F	45.6 kg	134 cm	No
42	Laxman	27	M	162/88 mmHg	83	99%	96.4°F	63.9 kg	162 cm	Cough, 1 week
43	Vasanth Rao	22	M	129/74 mmHg	100	99%	97.5°F	49.1 kg	162 cm	Cough, Fever, 5 days
44	Sumanth	21	M	119/61 mmHg	63	99%	97.0°F	46.4 kg	157 cm	No
45	Chinna Rao	27	M	138/65 mmHg	73	99%	96.7°F	49.8 kg	157 cm	Cough, Fever, 1 week
46	Santhosh	21	M	133/67 mmHg	72	99%	96.7°F	61.2 kg	170 cm	Cold, 1 week
47	S. Ravi	29	M	143/85 mmHg	77	99%	96.6°F	67.1 kg	163 cm	No
48	Prakash	20	M	125/87 mmHg	83	98%	96.1°F	63.1 kg	164 cm	No
49	Subil Ommi	19	M	106/57 mmHg	90	99%	97.6°F	50.9 kg	170 cm	No
50	Bharath Ghodha	30	M	132/72 mmHg	75	99%	96.9°F	65.8 kg	165 cm	No
51	Subhajeet Varma	25	M	128/78 mmHg	102	99%	97.6°F	51.8 kg	165 cm	No
52	Arun	24	M	129/76 mmHg	84	98%	97.6°F	83.7 kg	170 cm	No
53	Yadav	45	M	95/58 mmHg	77	99%	96.5°F	55 kg	160 cm	No