

Heart-Unlocked

Organised by: Student Wellness Cell, Woxsen University

Date: 27th June 2022

Time: 5:30 PM-7:30 PM

Venue: In front of Gateway, Admin Block

Student Organisers:

1. Apeksha Tallam - BDes
2. Amiksha Akshantala - BDes
3. Samhitha Reddy- BArch
4. Vijaylaxshmi- BArch
5. Mariah Fernando- BDes
6. Chandini- BArch
7. Akshara -BDes
8. Prasanna- BArch
9. Thrishna-BDes
10. Rajeshwari -BDes
11. Divya- BDes
12. Manasa BDes
13. Yeshwanth tati-BBA
14. Hriday-BArch
15. Padmashree-BArch

Brief About the Session:

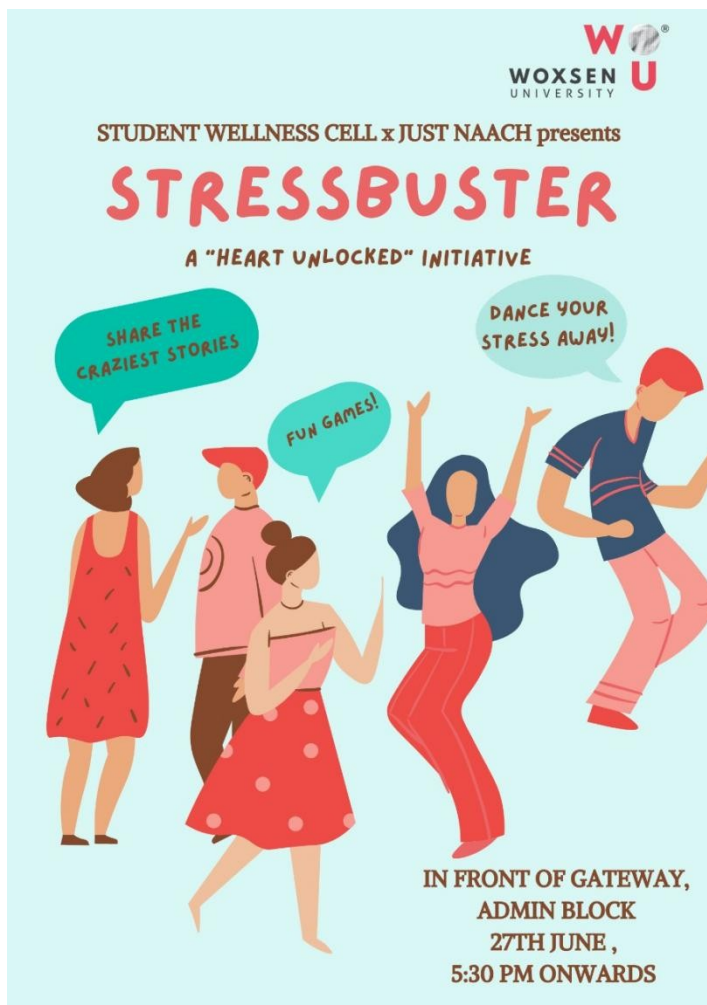
The Student Wellness Cell in collaboration with the Just Naach Dance Club conducted 'Heart-Unlocked Event', an initiative by the Community Service Volunteers to enhance the mental health & well-being of the student community at Woxsen.

The event had fun stressbuster activities like sharing funny stories from one's life, playing the number game & unlocking the chain, and numerous fun dance games like remote control dance, dancing opposite to the emotion, freeze dance and so on.

The Wellness Cell is in a continual process to help the students manage their stress effectively and encourage them to lead a happier, healthier, and more productive life.

The audience gathered took active participation in all the events and enjoyed it too.

Flyer:



Photographs:







List of Participants:

30+ students have participated from School of Arts & Design and Architecture & Planning.